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PSYCHOLOGY

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Growing Minds Psychology

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Provide description of Externship:

At Growing Minds Psychology, we provide evidence-based assessment and treatment within a supportive and trusting environment, offering comprehensive services and consultation under one roof. We value communication and collaboration within the highest standard of care. With a deep understanding of schools, we are experts in helping children and young adults both clinically and educationally. Our focus is on the entire context of a child's life to deliver the most appropriate supports for their growing minds.

Growing Minds Psychology offers a clinical track primarily designed for advanced graduate students (3rd year and above) in a clinical, school-clinical, or school psychology doctoral program. We will be offering positions to 2 externs for the 2022-2023 year. Training will include experience in both clinical intervention and neuropsychological evaluations in an outpatient setting. On the treatment side, externs will receive intensive training in Parent-Child Interaction Therapy (PCIT), Cognitive Behavioral Therapy, as well as evidence-based interventions for Selective Mutism. Common diagnoses include ADHD, oppositional defiant disorder, Autism Spectrum Disorder, and a range of anxiety disorders, notably Selective Mutism. Treatment is offered in co-therapy and independent sessions, providing opportunities for both weekly supervision and live feedback under the supervision of Dr. Carly Mayer. In terms of assessment, externs will provide neuropsychological evaluations for children, adolescents, and young adults with a variety of concerns (e.g., learning disorders, ADHD, Autism Spectrum Disorders). All externs work under the supervision of Dr. Matthew Pagirsky for training in assessment, administration of measures, scoring and interpretation of results, and report writing. Communication of findings is also emphasized. Currently, all treatment is being conducted via telehealth. Neuropsychological assessment is provided in person.

Externs will carry a caseload of 3-4 clinical cases over the course of the year as well as 1 neuropsychological evaluation monthly. This externship requires two days (16 hours) per week and begins July 2022 through June 2023. Externs will participate in intensive training at the start of the year, followed by weekly ongoing supervision and didactics that cover a variety of topics pertinent to both treatment and assessment. Supervision will be 1 hour weekly of clinical group supervision, 1 hour of PCIT didactics, 1 hour of neuropsychology didactics, and 1 hour weekly of individual supervision, split between both supervisors.

General information about externship site:

Director of the Program: Matthew Pagirsky, PsyD

Training Director, (degree): Matthew Pagirsky, PsyD

URL for Externship Brochure: N/A

Length of externship (in months): 12

Start Date: July 5, 2022

End Date: June 30, 2023

How many hours a week are expected of the extern?: 16

Specialty tracks: Neuropsychology and Clinical Intervention (CBT)

of externs to be accepted for 2022-23: 2

Minimum level of readiness: Background in neuropsych assessment or CBT preferred but not required.

Preferences: N/A

Do you provide a stipend? No

Interviews:

When do you expect to begin interviews? N/A

Interview process: Individual interview with 2 supervising psychologists and case presentation

What application materials are required? CV, 2 reference letters, 1 test report

Intervention and Assessment:

Intervention training experiences offered: Intensive training in PCIT, CBT, as well as evidence-based interventions for Selective Mutism.

Estimate the average number of individual patients that students will carry: 3-4 therapy patients

Assessment training experiences commonly offered: Comprehensive training in pediatric neuropsychology.

Expected number of full assessment batteries completed during externship: 10-12 full batteries

Supervision:

Estimate hours/week of individual supervision: 1

Estimated hours/week of group supervision: 1

Estimated hour/week of didactics: 2

Estimated co-therapy hours with supervisors: 1-3 hours weekly

Context of didactics: Seminars in PCIT, neuropsychology, and other evidence-based related topics

Estimated informal open door "curbside" supervision: Always available

Specify if observation occurs during intervention, assessment, consultation: Co-therapy, and some initial in-person observation during an assessment.

Support:

If you have only one extern, would you be to have the extern participate in a peer support consortium with other sites- live or "SKYPE"?: Yes

Is the agency readily accessible through public transportation?: Yes

Wheelchair accessible: Yes

Are home visits required as part of the trainee's duties?: No

Is a transportation stipend provided?: No

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Company Name:

Growing Minds Psychology

Location:

New York, New York

Population Served:

5-12

Mandatory Days:

One required night

Appropriate for:

Second Externship

Posted

December 15, 2020

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You are currently logged in as an externship coordinator

Please log in as a student to apply for this position.



(<https://www.psycareers.com/>)