

Department of Psychology

The Doctoral Internship Training Program in Psychology



Introduction

The doctoral Internship Training Program in Psychology at Staten Island University Hospital is a new internship program providing training in clinical psychology with an emphasis on neuropsychology and rehabilitation medicine. The program is designed to enhance a trainee's general clinical skills and provide specialized training in neuropsychological diagnosis and assessment and rehabilitation/health psychology. We are a member of the Association of Psychology Postdoctoral and Internship Centers and accredited by the American Psychological Association. The internship program follows a Practitioner-Scholar model of clinical training that incorporates 2,000 hours of supervised clinical experience and provides an experience that meets the one year of doctoral supervised clinical training required for licensing as a psychologist.

Three doctoral interns will participate in the 12 month training program on a full time basis. Our full time faculty includes five

licensed psychologists who work on site full time and one post-doctoral fellow.

The Hospital, Health Care System and Department Staten Island University Hospital

Staten Island University Hospital is part of the Northwell Health System formerly North Shore-LIJ Health System, and includes 21 award-winning hospitals and nearly 400 physician practice locations throughout New York, including Long Island, Manhattan, Queens and Staten Island. Proudly serving an area of seven million people, Northwell delivers world-class services designed for every step of your health and wellness journey.

Staten Island University Hospital is a 714-bed, specialized teaching hospital located in New York City's 5th and fastest-growing borough. Occupying two large campuses, plus a number of community-based health centers and labs, the hospital provides quality care to the people of Staten Island, the New York metropolitan region, and to patients from around the world.

Goal of the Doctoral Internship Program

The main objective of the Doctoral Psychology Internship Program

at Staten Island University Hospital, Department of Rehabilitation Medicine is to provide the opportunity for interns to develop competency in the application of psychological and neuropsychological knowledge to the professional practice of psychology, with specific emphasis placed on clinical problems in a medical center setting. Since the setting for this internship is in the Rehabilitation Medicine Department, emphasis is on work with individuals with a range of physical, cognitive, emotional and behavioral disabilities.

Neuropsychology Internship Training Program - Training Model

Interns are trained in assessment, consultation, diagnostics, individual and group therapy, cognitive remediation, and professional development, with the primary training method being experiential. Training in assessment emphasizes comprehensive evaluation of cognitive functioning of individuals with neurological and developmental disorders. Interns learn effective interviewing techniques with a broad range of neurologically-impaired patients and become proficient at test selection, administration, and scoring, as well as interpretation of results and oral and written communication of findings. Supervision emphasizes integrated conceptualization of theoretical models of adult and pediatric neuropsychology, neuropsychological instruments and data.

Description of Clinical Rotations

Each intern participates in two rotations during the training year: Outpatient rotation (lifespan) and Inpatient rotation (adult).

Pediatric and Adult Outpatient Service, Neuropsychological Assessment

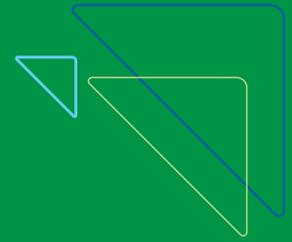
The Outpatient Neuropsychology service treats the lifespan, from infant to geriatric populations presenting with a broad range of behavioral, developmental, learning and neurocognitive disabilities. Referrals to Outpatient Neuropsychology are received from a variety of sources including: the Rehabilitation Medicine Department, Adult and Pediatric Emergency Medicine Trauma Services, Adult Neurology, Developmental Pediatrics, Pediatric Neurology, Psychiatry, Oncology, Neurosurgery, and professionals in the community.

Based on one's training needs and specific interests, an intern can



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The Doctoral Internship Training Program



choose to focus primarily on either adult or pediatric cases. Because of the breadth of our referrals, it is not feasible to develop expertise in all the populations we serve. Thus, cases are clustered so that the intern can develop a thorough understanding of several conditions of interest [eg. epilepsy, chiari malformations, traumatic brain injury, subcortical dementias, autism].

This rotation will primarily consist of lifespan neuropsychology evaluations. In addition to neuropsychological assessment and report writing, the provision of feedback to physicians, patients, and families will be an integral part of the supervised experience. Diagnostic exposure will include patients with traumatic brain injury, tumors, blood borne cancer, sickle-cell disease, stroke, degenerative diseases, toxic and metabolic conditions, attention deficit/hyperactivity disorder, autism, learning disabilities, various neurologic conditions, chronic pain, psychiatric illness, and somatoform disorders.

In addition to the assessment component, this rotation will also allow for training and experience in health and behavior interventions and more general psychotherapy, offered in a time limited, problem focused setting. Interns may follow a given patient during the patient's inpatient and outpatient course in order to view progress over several months. This provides continuity of care for the patient as well as the opportunity to achieve longer term treatment and psychotherapy goals and better understand the evolving nature of neurological insult.

Inpatient Clinical Rotation, Traumatic Brain Injury/Neurorehabilitation

During this 4-month rotation, Interns will evaluate inpatients admitted with brain injury or other neurologic injury requiring comprehensive multidisciplinary inpatient rehabilitation. Diagnostic exposure will include traumatic brain injury (TBI), stroke, tumors, dementia, and related neurologic disorders with cognitive sequelae. Interns will learn to perform a patient's initial neurobehavioral assessment, including evaluation of neurocognitive abilities as well as personal adjustment and emotional status. Assessment will include clinical interviewing, mood assessment, and measures of coma, orientation, agitated behavior, and neurocognitive abilities including memory, verbal and nonverbal reasoning, and executive function.

Interns will gain experience in test administration, scoring, interpretation, and feedback reporting. Interns will also learn the consultant

role played by a rehabilitation neuropsychologist on a multidisciplinary team. They will learn to work in a close, ongoing relationship with physical medicine and rehabilitation physicians, rehabilitation nurses, social workers, case managers, and physical, occupational, recreational, and speech therapists along with other allied health providers.

In addition to assessment and consultation, interns will learn neurocognitive, health/behavioral, and psychotherapy interventions appropriate for neurologically injured patients and their families. As well as individual therapy interventions, Interns will learn to lead group interventions, including structured orientation groups, support groups, psychoeducational groups, and problem-focused groups designed for patients and families beginning the process of neurocognitive rehabilitation.

Training Supervisors

Each intern will have a primary training supervisor for the Inpatient unit and the Outpatient clinic. Based on the learning needs and specialty of staff, interns may change supervisors mid-year to enhance their learning. Interns typically receive 3- hours of supervision weekly.

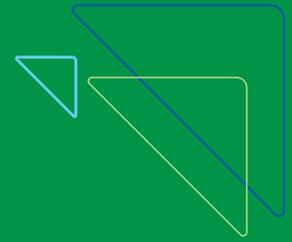
Didactics

Didactic experiences are both formal and informal. The intern will be expected to complete readings in clinical neuropsychology, especially as they pertain to clinical cases. Readings will be chosen in consultation with clinical supervisors. The Neuropsychology interns will participate in weekly Neuropsychology Didactics, Epilepsy Surgical Conference, Psychiatry Rounds, Journal Club, and Neuroradiology Rounds. Neuropsychology Didactics cover topics in neuroanatomy, cognitive neuroscience, neurological disorders and professional and ethical topics. Neuroradiology Rounds are led by the chief neuroradiologist where an introduction to basic radiology is provided (i.e., reading CT and MR), as well as a discussion on clinical aspects and neuroradiology findings of cases. Interns will also have the opportunity to present their own cases, as well as two didactic lectures. Many additional educational opportunities exist including Medical Grand Rounds, Pediatric Grand Rounds, Clinical Research Seminars, Neurology Rounds, and several Brown Bag Lunch Series.

Research

The Neuropsychology intern will be expected to collaborate on at least one research or quality improvement project during their training year.





The Doctoral Internship Training Program

Stipends: Interns receive a stipend of approximately \$36,901.80 for the one-year internship.

Insurance: Interns may elect to participate in the hospital subsidized health and dental plans and are covered by the hospital's group life insurance plan.

Time off: You are eligible for PTO after three months of employment. PTO may be used as vacation pay, personal time off, and holiday pay. PTO is accrued based on regular hours worked. All interns receive 6 hospital holidays; this includes Labor Day, Thanksgiving, Christmas Day, New Years Day, Memorial Day, and Independence Day.

Internship: The internship will start in the first week of July and finish in the last week of June.

Selection Process: By mid December the program will contact selected applicants and arrange for interviews in January.

Application and screening: Intern applications are typically due by December 30th, although some variability may occur from year to year. Please contact the Director of Training for the current deadline date. All applications are reviewed by training staff and interns are evaluated in terms of "fit" for our program. *Please access the standard APPIC Internship Application (AAPI) from the APPIC website. Our site code is (2237).*

The following items are required to submit your application, in accordance with the APPIC online procedure: An application form, A cover letter that describes your specific interest in our program, curriculum vitae, three letters of recommendation, documentation from your Director of Clinical Training or equivalent at your graduate school affirming your Readiness for Internship, using the APPIC verification form, official transcripts, and two redacted neuropsychological reports.

Questions can be directed to **Dr. Rosemarie Basile, Director of Clinical Training, at rbasile1@northwell.edu.**

Interviews: Interview will be held in January. In mid December, we will contact candidates who represent the strongest fit and arrange for in person interviews.

Sample Schedule of Weekly Activities

Clinic Hours (concussion/COVID)	5 Hours
Psychotherapy/Cog remediation	4 Hours
Research	4-5 Hours
Supervision Didactic Seminars Paperwork and Report Writing	10-12 Hours
Weekly Hours	40-45 Hours

